



The Owl Centre

Hello,

'We wanted to take this opportunity to wish you a very happy and well-deserved summer break and to thank you for using the Owl Centre.

We also wanted to make you aware of our Mental Health and Wellbeing Team which can offer assessments and therapy for pupils/students in the following areas:

- Art Psychotherapy
- CBT
- Clinical Psychology
- Music Therapy
- Dance and Movement Therapy
- Counselling
- Psychiatry
- Drama Therapy
- Play Therapy
- Educational Psychology (cognitive assessments and dyslexia assessments)
- Sleep support

These therapies can be carried out in school or (in most cases) remotely.

We are also running summer workshops for parents, carers and professionals - further details can be found on our website, using the 'contact us' form.

We would be very grateful if you could share this flyer with parents and staff.

Best Wishes

The Owl Centre.

